

# SORENSEN CONSULTING

## NAVIGATING AND LEADING THROUGH CHANGE

An interactive session crafted to help professionals navigate and lead their team through change.



### OBJECTIVES

At various points in time every organization will need to bring about changes in management and policies. Change could be occurring in multiple ways. For example, an organization might be experiencing a change in leadership, region consolidation, or client transitions.

To carry out the required changes the people at the organization will need to make some personal changes.

In order for an organization to be successful in change scenarios it will need to provide support to the employees in the process of making transitions or changes. This session is crafted to that end.

### OUTCOMES

- Gain an increased understanding of how the brain processes information & stress during change.
- Learn how to shape the brain's response to experiences in order to thrive personally & professionally while navigating and leading through change.
- Learn how to assess the strengths of team members in order to ensure maximization of this new opportunity for improved role alignment.
- Gain strategies for cultivating empathy in self and others to improve the facilitation and emotional impact of change.

### ABOUT BEN

Dr. Ben Sorensen provides leadership training, sales training, and executive coaching to corporate and non-profit organizations globally. Ben is known for his focus and dedication to teaching practical, proven skills while customizing all material to the specific needs of each client.

Ben is the Founder and CEO of Sorensen Consulting, Inc. and currently serves in the U.S. Navy Reserves as a Lieutenant Commander. He is a Presbyterian minister and Former City of Fort Lauderdale Commissioner.