SORENSEN

SMALL GROUP EXECUTIVE COACHING

Our small-group executive coaching engagements provide substantial benefits which vary from those available in a typical 1:1 executive coaching engagement.



"Small group coaching engagements allow for peers to come together and acknowledge pain points with candor.

This approach to professional development creates a unique opportunity where we can immediately deploy strategies to address those needs and improve the organizational culture."

Dr. Ben Sorensen

President & CEO



With small group executive coaching we bring together individuals who aren't necessarily formally accountable to each other and don't always have day to day interactions. In turn we can create the opportunity for powerful learning interactions which would not be available otherwise. Over the course of 6 months, your executive coach, Dr. Ben Sorensen, will have the unique opportunity to witness real-time group and peer-to-peer dynamics. These monthly sessions will support participants in significant skill-building for future personal and organizational growth.

BENEFITS

- By witnessing and assessing the real-time group dynamics, Dr. Ben can immediately provide you and your peers with insights and strategies to improve your level of impact when engaging with others.
- A diverse small group coaching environment will help identify group member commonalities and differences which will improve the group's ability to effectively leverage individual strengths and increase adaptability.
- Along side peers, in a safe space, gain the opportunity to practice and enhance leadership skills so you can become a better coach and motivator.
- Small group coaching social forces create a robust accountability system and a unique support network.
- Regular sessions allow for follow-up and development of skills.

WHAT TO EXPECT

Commitment is the key to a successful small group coaching engagement. Dr. Ben will ask each member to make a commit to:

- An Environment of trust & support;
- A Collaborative approach & active listening;
- Frequent Feedback; and
- Being generous with others & moving beyond your comfort zone.

