



## NAVIGATING & LEADING THROUGH CHANGE

An interactive session crafted to help professionals navigate and lead their team through change.



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### OBJECTIVES

At various points in time every organization will need to bring about changes in management and policies. Change could be occurring in multiple ways. For example, an organization might be experiencing a change in leadership, region consolidation, or client transitions.

To carry out the required changes the people at the organization will need to make some personal changes.

In order for an organization to be successful in change scenarios it will need to provide support to the employees in the process of making transitions or changes. This session is crafted to that end.

### OUTCOMES

- Gain an increased understanding of how the brain processes information & stress during change.
- Learn how to shape the brain's response to experiences in order to thrive personally & professionally while navigating and leading through change.
- Learn how to assess the strengths of team members in order to ensure maximization of this new opportunity for improved role alignment.
- Gain strategies for cultivating empathy in self and others to improve the facilitation and emotional impact of change.
- Build trust with others while they experience change.